

# SECTION VIII BOYS MODIFIED BASKETBALL

## Game Rules: National Federation Rules

### Game Rules

1. **Rosters:** Rosters from both teams MUST be presented at the scorer's table prior to the start of the contest. [A/B Roster](#)

### 2. Extended Playing Time Philosophy

The Modified Athletic Council has developed rules for Middle School Athletics to maximize quality playing for all team members. It is the intent of extended playing time:

- to provide an opportunity for team members to participate in every contest;
- to equalize competition so that no overmatching of teams or individuals occurs.

3. **Rule Change:** There is no longer 1 and 1. On the 5th foul in each quarter you will be shooting two shots.

If a team has fewer than the minimum number of players to play the 5 period concept the following game rules will apply.

A 4 quarter game will be played with the number of minutes being increased for each quarter (see chart below); however no player may play more than 3 quarters (\*see exception). This will apply provided the team has a sufficient number of players so as not to exceed the State regulated playing time allocation for each sport (see chart below).

### Extended Playing Time

If a team has fewer than the minimum number of players to play the five (5) period concept the following game rules will apply:

A four (4) quarter game will be played with the number of minutes being increased for each quarter (see chart below); however, no player may play more than three (3) quarters (\*see exceptions below). This will apply provided the team has a sufficient number of players so as not to exceed the NYSPHSAA regulated playing time allocation for each sport (see chart below).

3. If less than 7 players on either squad, a regulation four quarter game shall be played with each quarter having a maximum length of 7 minutes.

### Things to Remember:

Pressing is allowed in the final period of every game throughout the entire season. In a five period game, pressing is only allowed in the fifth period. In a four period game, pressing is only allowed in the fourth period. Pressing is allowed in all overtime periods. If a game is tied at the end of regulation play, there will be an overtime period of one (4) minute in duration. If it is still tied, the game ends.

In a 4 period game, each team has 4 time outs that can be used at any time during the game. Each team also has 2-30 second timeouts. Only one per half can be used. In games played with five (5) periods, an additional time out will be granted.

**“Man to Man” Defense:** Defense “man to man” only (within 6 feet), no double teaming and no isolation plays. It is illegal at this level to send players to the corners or one side of the court and have one player go one-on-one. The referees are required to enforce this rule – officials will stop play once, and ask the coach to enforce the spirit of the rule. If a team continues to be in violation of this rule, a Technical Foul will be assessed directly against the Head Coach and will be charged as a team foul. Two direct technical fouls against the Head Coach and he will be ejected.

**“2–3” Zone Defense:** Defense is allowed to play a 2–3 Zone with no trapping.

The three (3) point shot is allowed if the gym is allowed if the gym has the line.

There is No shot clock.

There is a ten (10) second backcourt violation.

The ball that is being used is the regulation 29.5” size basketball.